Bachelor of Science in Public Health
Emphasis IV: Health Promotion

Transfer Guide for Illinois Community College Students

This transfer guide is designed as an advising tool to facilitate a smooth transition between institutions by identifying relevant course work recommended to be completed prior to transfer.

Community college students are encouraged to:

- Complete an A.A. or A.S. degree prior to transfer
- Utilize the NIU Articulation Handbook for information regarding the transferability of courses:
  [http://www.niu.edu/admissions/transfer/plan/credits/index.shtml](http://www.niu.edu/admissions/transfer/plan/credits/index.shtml)
- Review “Limited Admissions Programs Transfer Course Equivalents” (if appropriate) provided by the NIU Transfer Center:
  [http://www.niu.edu/admissions/transfer/plan/credits/limited/index.shtml](http://www.niu.edu/admissions/transfer/plan/credits/limited/index.shtml)
- Consult with the College of Health and Human Sciences and/or review the websites for their intended majors for detailed information about special requirements, program admission requirements, and course requirements: [www.chhs.niu.edu](http://www.chhs.niu.edu)

Public Health (B.S) The public health program prepares students for professional positions in general public health, health administration, environment and health, and health promotion. Depending on their particular interests, graduates will be involved in developing and communicating health information to the public, planning and managing health service programs and facilities, and investigating and evaluating specific environmental and community health problems. As professionals, public health alumni work in a variety of capacities to:

- Improve access to health care
- Clean up environmentally contaminated sites
- Make our streets and homes safe from violence
- Advocate health programs for communities, including oral and respiratory health
- Prevent and treat substance abuse
- Assure the safety of our food supply
- Plan quality health care for our elders
• Manage the delivery of health services
• Contain the spread of infectious diseases
• Deliver smoking cessation programs

Among the many position titles for public health professionals are: epidemiologist, health administrator, health educator, health inspector, and geriatric care manager. Working behind the scenes everywhere in health care, public health professionals make the lives of countless individuals healthier and safer.

In Public Health, the program offers four different emphases: general public health, health administration, environment and health, and health promotion. There is also a degree completion option* for applied health professionals. Among the hundreds of different position titles for public health professionals are epidemiologist, sanitarian, health educator, and geriatric care manager. Because of the complexity of the problems public health professionals work to solve, students considering a career in public health need to have a background in the biological, mathematical and social sciences.

*The degree completion option for applied health professionals is in the general public health and health administration emphases. Allied health professionals must hold an AAs degree in one of the following fields: dental hygiene, respiratory care, radiologic technology, long-term care administration, health information technology, nursing, occupational therapy assistant, physical therapy assistant, speech-language pathology assistant, and surgical technology, or other appropriate health care area.

Special Note: Students who enter the public health program with the courses listed here and who have completed an A.A. or A.S. degree can usually expect to complete the NIU program in two years (including summer school).

Major in Public Health – Emphasis 4: Health Promotion

Courses Recommended Prior to Transfer

BIOS 103 General Biology (3) & BIOS 105, General Biology Laboratory
  or BIOS 208, Fundamentals of Biology I (3) and BIOS 210, Fundamentals of Biology Laboratory (1)
BIOS 213 Introductory Bacteriology (3)
  or BIOS 313, Microbiology (4)
BIOS 109 Human Biology (3)
  or BIOS 357 Human Anatomy and Physiology (5)
CHEM 110 Chemistry (3) and CHEM 111, Chemistry Laboratory I (1)
  or CHEM 210, General Chemistry I (3) and CHEM 212, General Chemistry Laboratory I (1)

1 Based on requirements in the 2016/2017 Undergraduate Catalog
FCNS 201 Human Nutrition (3)
FCNS 280 Human Development, the Family and Society (3)
  or PSYC 225, Lifespan Development: Childhood through Adulthood (3)
  (or SOCI option – see below)
MATH 210 Finite Mathematics (3)
  or MATH 211, Calculus for Business (3)
  or MATH 229, Calculus I (4)
SOCI 170 Introduction to Sociology (3)
  or SOCI 250, Contemporary Social Institutions (3)

Courses to be Completed at NIU
ENGL 350 Writing Across the Curriculum (3)
PHHE 295 Introduction to Public Health (3)
PHHE 304 Drug Use and Abuse (3)
  or PHHE 437, Assessment, Treatment, and Prevention of Drug and Alcohol Addiction (3)
PHHE 306 Human Sexuality (3)
PHHE 315 Introduction to Health Promotion (3)
PHHE 325 Biostatistical Applications in Public Health (3)
PHHE 351 Elements of Environmental Health (3)
PHHE 431 Applied Health Promotion Planning (3)
PHHE 455 Public Health Epidemiology (3)
PHHE 461 Public Health and the U.S. Health Care System (3)
PHHE 467 Public Health Research and Evaluation (3)
PHHE 469 Principles of Health Planning (3)
PHHE 487 Public Health Pre-Practicum Seminar (1)
PHHE 489 Practicum in Public Health (6)
SOCI 356 Health, Aging, & Society (3)
  or SOCI 451, Medical Sociology (3)
  or SOCI 482, Sociology of Death and Dying (3)
  or UHHS 465, Issues in Gerontology (3)
  (should not be taken if student already completed FCNS 280/PSYC 225)

One of the following:
PHHE 408 Mental and Emotional Health (3)
PHHE 410 Death Education (3)
PHHE 412 Consumer Health (3)

One of the following:
PHHE 433 Principles of Long-Term Care Administration (3)
PHHE 435 Ethical Decision Making for Health Professionals (3)
PHHE 439 Funding for Programs in Public Health (3)
PHHE 441 Introduction to Health Care Administration (3)
PHHE 451 Economic Issues in Public Health (3)
PHHE 453 Financial Management of Health Care Organizations (3)
PHHE 463 Public Health Informatics (3)

Specific information about admission requirements to Northern Illinois University and to programs in the College of Health and Human Sciences can be found in the current NIU Undergraduate Catalog. Contact the Office of Admissions to obtain an application for admission. For additional information on programs in the college, contact HHSAdvisingHelp@niu.edu

- College of Health and Human Sciences: (815) 753-1891
- School of Health Studies
  - Public Health & Health Education: (815) 753-1384
- School of Nursing and Health Studies
  - Nursing: (815) 753-1231
- Department of Military Science: (815) 752-7682
- School of Allied Health and Communicative Disorders
  - Medical Laboratory Sciences: (815) 753-1382
  - Physical Therapy: (815) 753-1383
  - Speech-Language Pathology, Audiology and Rehabilitation Counseling: (815) 753-1484
- School of Family, Consumer, and Nutrition Sciences: (815) 753-6350
- Gerontology Program: (815) 753-0031
- Office of Admissions: (815) 753-0446

Visit our website: http://www.chhs.niu.edu/